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News Bytes



May 2021

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Welcome

to the latest edition of RMBI Care Co.'s e-newsletter.

In line with the recent changes to Government guidance, care home residents in England can now have five nominated people to receive regular visits, however this is dependent on any local recommendations and restrictions, which we are continually reviewing.

With this new change, resident Joan Pollard at Cornwallis Court in Bury St Edmunds, Suffolk enjoyed celebrating her 103rd birthday with her son, Nigel, granddaughter Rebecca and great grandson Arthur in the Home's garden. For all the latest safety information, please visit: www.rmbi.org.uk/safety.

In this month's newsletter, read about our residents at Harry Priestley House in Doncaster and their out of home activities following the latest government guidelines, and how residents at Queen Elizabeth Court in Llandudno got creative with their art for New York's Brooklyn Art Library.

Harry Priestley House residents enjoy out-of-



Residents at Harry Priestley House, in Thorne, Doncaster, were delighted to be able to enjoy a short trip to their local park and beach, following the latest guidance from the government.

The new rule means that care home residents can now participate in low-risk, out-of-home visits without having to self-isolate on their return to the care homes.

Staff have worked tirelessly to ensure residents continue to exercise and keep active in the Home, gardens and outdoor spaces. However, this is the first time

residents have been able to safely leave the grounds and enjoy an activity outside the care home.

One of the first residents to experience a trip again is resident Laura Turner who enjoyed a walk with her mum Lesley Booth at the local park.

Laura’s mum, Lesley, said: “I cannot put into words how much it means to me to go for a walk again with Laura and our dog Bobby and spend quality time together. I am thankful for the staff who are always there to support her whenever she wishes to have a walk in the Home’s grounds, but being able to visit our local area again is just fantastic.”

To read more, visit: our [website](#)

Queen Elizabeth Court residents create art for The Sketchbook Project at New York’s Brooklyn Art Library



Residents and staff at Queen Elizabeth Court in Llandudno have taken part in an artistic project, which will be featured at Brooklyn Art Library in New York.

The Sketchbook Project started in 2006 and currently has over 50,000 sketchbooks from 30,000 different creative people globally.

Research has found that art sessions can have a positive effect during unsettling

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Residents and staff had fun exploring their artistic nature by drawing and painting over the past few weeks. Their completed artwork will be included in the Sketchbook Project and will be added to the shelves of a permanent collection at Brooklyn Art Library.

Taking part in the art session, 95 year old Alan Baker said: "It was lovely taking part in the New York Sketchbook Project; it's a great way to socialise and bring us residents closer together."

Queen Elizabeth Court Activities Coordinator, Jenny Rye, said: "The creative project has brought a lot of smiles and laughter for our residents at Queen Elizabeth Court. We're always looking for different ways to support our residents' wellbeing and art is a great way of bringing them together. Art is often considered to have therapeutic properties and helps people to heal, communicate suppressed feelings, relieve tension, fear, and anxiety, and foster a sense of self-determination."

James Terry Court residents celebrate VE Day anniversary



Residents at James Terry Court, in South Croydon, have marked the 76th Anniversary of VE Day.

To honour the anniversary of the end of the Second World War in Europe, the Home's staff carefully organised a social distanced gathering for residents.

Two residents, including Susan Reed, who is a singer, volunteered to entertain the group and led a singalong of songs from the 1940s. The Home was decorated with British flags and the residents tucked into a special meal.

Home Activities Coordinator, Lucy Fernandes, said: "Marking the anniversary of VE Day is such an important event for our residents, many of whom fought for Britain during the Second World War. At James Terry Court, it is a time where we reflect and remember all those who lived during this time and everything that they sacrificed for future generations."

Cornwallis Court goes green with recycling scheme to mark Earth Day

Learning at Work week celebration

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